

Youth Services: Where to Get Help

Service	Programs	Contact Number	Opening Hours - Address
Allambi		4944 8871	Monday to Friday - 9am to 5pm
ALESCO Senior College	Education provider	02 49254200	8 Glenelg St, Raymond Terrace
Alcohol & Drug Info Service		1800 422 599	Monday to Sunday - 8:30am to 10pm
Child and Adolescent Mental Health Service (CAMHS)	Aboriginal Counsellors Psychologists Dietician Occupational Therapists	1800 011 511	24 hours a day / 7 days a week
Catholic Care		4979 1120	Monday to Friday - 9am to 5pm
Drug & Alcohol Central Intake		4923 2060	Monday to Sunday - 8:30am to 10pm
Early Intervention Homelessness		4983 1155	By Appointment
Headspace – Maitland		4931 1000	Monday, Wednesday & Friday 9am to 5pm Tuesday & Thursday - 9am to 7pm
Headspace – Maitland	General Practitioner Counselling Young Parents Alcohol and Drug programs	02 49311000	Monday to Friday 9am to 5pm
Hunter TAFE		131 225	Contact Tafe for specific times
Kids Helpline		1800 551 800	24 hours a day / 7 days a week
Legal Aid Youth Helpline		1800 101 810	Monday to Thursday - 9am to 12am 24 hours a Friday to Sunday
Juipster	Free counselling for young people 12-18 located 12-18 located in Salamander Bay	0490 716 265	Monday to Friday 3pm to 6pm
Oasis Youth Network		4969 8066	Monday to Friday - 9am to 5pm
Port Stephens Youth Options Program		4987 5474	

Port Stephens Youth Project		4987 4955	
Reconnect (Samaritans)	Counselling Mediation Group programs	49221538	Monday to Friday 9am to 5pm
Samaritans Adolescent & Family Counselling Via Headpace Maitland	Individual counseeling Family Counselling Life skills development	4931100	Monday to Friday 9am to 5pm
The Deck – Youth Venue	Youth Drop In		1A Kangaroo St Raymond Terrace Wednesday & Thursday 3.30pm – 6:30pm
Wesley Newcastle Youth Services		4915 3684	Monday to Friday 9am to 5pm
Youth Help Team		4925 7804	Monday to Friday - 8am to 4:30pm
Young Carers	Support Respite Advice and counselling	1800 242 636	Monday to Friday 9am to 5pm

Emergency Assistance

Emergency	000
Emergency from Mobiles	112
Hunter Mental Health 24hrs	1800 011 511
Lifeline	13 11 14

Accommodation:

DV Women's Refuges	1800 656 463
Nova Women's' Accom & Support	4023 5620
Oasis Youth Accom	4969 8066
Samaritans Youth Accom Newcastle	4955 8358
Tenancy Resource Service	1800 786 466

Crisis:

Housing NSW Newcastle	4926 9333 / 1300 305 667
Link2Home	1800 152 152

Legal

Aboriginal Legal Services	4926 1571
Community Justice Centre	1800 990 777
Family Law Courts	1300 352 000
Hunter Community Legal Centre	4040 9120
	1800 650 073
Indigenous Women's Legal Contact	1800 639 784
Legal Aid Newcastle	4929 5482
Law Access NSW	1300 888 529
University Legal Centre	4921 8666
Victims Support NSW	1800 633 063
Youth Legal Aid Hotline	1800 101 810

Neighbourhood Centres

Port Stephens Neighbourhood Centre	4983 1155
Tomaree Neighbourhood Centre	4984 6220

Additional Notes