

Gender and Sexuality: Where to Get Help

| Service | Contact Number | Opening Hours |
|----------------------------------|---------------------------|--|
| Acon Hunter | 4962 7700 1800 063 060 | Monday to Friday - 8:30am to 5:30pm |
| Hunter Community Health (Intake) | 4016 4530 | Monday to Friday 8:30am to 5pm |
| Hunter Street Medical Centre | 4962 1900 | Monday, Thursday & Friday 8am to 3pm Tuesday & Wednesday 8am to 4:30pm Saturday 1pm to 4:30pm |
| Twenty10 | 1800 652 010 | Monday to Friday - 10am to 6pm |
| Mensline Australia | 1300 789 978 | 24 hours a day / 7 days a week |
| Newcastle Sexual Health | 4016 4536 | Monday, Wednesday, Thursday & Friday- 9.00am to 5.00pm Tuesday - 9.00am-12:30pm. |
| NSW Rape Crisis Centre | 1800 424 017 | 24 hours a day / 7 days a week |

| Useful Websites | URL |
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| ACON: GLBT Health and Well-Being | www.acon.org.au |
| Another Closet: DV & Family Violence in LGBTIQ Relationships | www.anothercloset.com.au |
| PFLAG: Supporting parents and friends | www.pflagaustralia.org.au |
| SameSame Gay & Lesbian News & Events | www.samesame.com.au |

Emergency Assistance

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| Emergency | 000 |
| Emergency from Mobiles | 112 |
| Hunter Mental Health 24hrs Lifeline | 1800 011 511 13 11 14 |

Accommodation:

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| DV Women's Refuges | 1800 656 463 |
| Matthew Talbot | 4961 1411 |
| Nova Women's' Accom & Support | 4023 5620 |
| Oasis Youth Accom | 4969 8066 |
| Samaritans Youth Accom Newcastle | 4955 8358 |
| Tenancy Resource Service | 1800 786 466 |

Crisis:

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| Housing NSW Newcastle | 4926 9333 / 1300 305 667 |
| Link2Home | 1800 152 152 |

Child & Family Services

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| Child and Family Health | 4924 6400 |
| Child Protection Helpline | 13 21 11 |
| Child Support Agency | 13 11 07 |
| Drug & Alcohol Central Intake | 4923 2060 |
| Family Planning Hunter | 4929 4485 |
| Family Relationship Advice Line | 1800 050 321 |
| Family Relationship Centre | 4016 0566 |
| Hunter Family Referral Service | 1300 006 480 |
| Hunter Women's Centre | 4968 2511 |
| Interrelate | 4016 0550 |
| Nexus Mental Health | 4985 5800 |
| Parent Line (Centacare) | 1300 130 052 |
| Reconnect – Samaritans | 4014 9380 |
| Relationships Australia | 4940 1500 |
| Strengthening Families | 4958 0100 |
| Unifam | 4925 6000 |

Family Support Services

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| Eastlakes | 4943 9255 |
| Newcastle | 4926 3577 |
| Morisset (Southlakes) | 4970 5596 |
| Northern Settlement Services | 4969 3399 |
| Westlakes | 4908 1140 |

Legal

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| Aboriginal Legal Services | 4926 1571 |
| Community Justice Centre | 1800 990 777 |
| Family Law Courts | 1300 352 000 |
| Hunter Community Legal Centre | 4040 9120 1800 650 073 |
| Indigenous Women's Legal Contact | 1800 639 784 |
| Legal Aid Newcastle | 4929 5482 |
| Law Access NSW | 1300 888 529 |
| University Legal Centre | 4921 8666 |
| Victims Support NSW | 1800 633 063 |
| Youth Legal Aid Hotline | 1800 101 810 |

Neighbourhood Centres

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| Belmont | 4947 0031 |
| Jesmond | 4979 8555 |
| Maryland | 4955 8111 |
| Morisset (Southlakes) | 4973 7000 |
| Raymond Terrace | 4987 1331 |
| West Wallsend (Sugar Valley) | 4953 1667 |

No Interest Loan Schemes (NILS)

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| BaptistCare (Windale and Mayfield) | 1300 275 227 |
| Hunter Region NILS | 4987 7666 |
| Newcastle Care (Hamilton) | 4969 2799 |
| Southlake Community Centre (Morisset) | 4973 7000 |

Additional Notes