

Disability Support Services: Where to Get Help

Disability Support Services	Contact Numbers	Opening Hours
Ability Links	49050751	Monday to Friday - 9am to 5pm
Adult Skills Support & Education Training	1300 656 336	Monday to Friday - 9am to 5pm
Aged Care Assessment Team	4985 5700	Monday to Friday - 9am to 5pm
ARAFMI Hunter	4961 2842	Monday to Friday - 9am to 5pm
ASPECT: Autism Association	1800 277 328	Monday to Friday - 9am to 5pm
Camp Breakaway (Respite)	4390 7624	Monday to Friday - 9am to 4:30pm
Carer Resource Line	1800 242 636	Monday to Friday - 9am to 5pm
Commonwealth Respite & Carelink	1800 052 222	Monday to Friday - 8am to 8pm Saturday -10am to 2pm
Dementia Helpline	1800 100 500	Monday to Friday - 9am to 5pm
Dept of Ageing, Disability & Home Care	1300 306 268	Monday to Friday - 9am to 5pm
Disability Advocacy NSW Located in Newcastle	1300 365 085	Monday to Friday - 9am to 5pm
Family Relationship Advice Line	1800 050 321	Monday to Friday - 8am to 8pm Saturday - 10am to 4pm
Family Relationship Centre Newcastle	4016 0566	Monday & Thursday 9am to 6pm Tuesday & Wednesday 9am to 7:30pm Friday 9am to 5pm
Intensive Family Support Options	4384 8436	Monday to Friday – 8am to 5pm
Lifestyle Solutions	1800 634 748	Monday to Friday – 8:30am to 5pm
Life Without Barriers	4033 4500	Monday to Friday – 8:30am to 5pm
Mai-Wel (Training & Support)	4932 8599	Monday to Friday 8am to 5pm
My Time: Disability Support Groups	1800 889 997	Monday to Friday - 9am to 5pm
National Disability Insurance Scheme	1800 800 110	Monday to Friday – 9am to 5pm
Newcastle Family Support Service	4926 3577	Monday to Friday – 9am to 4pm
New Horizons	4037 0400	Monday to Friday – 8:30am to 5pm
Newcastle Temp Care (Respite)	4957 5008	Monday to Friday - 9am to 5pm
Northcott Disability Services	1800 818 286	Monday to Friday - 9am to 5pm
NSW Elder Abuse Helpline	1800 628 221	Monday to Friday – 8:30am to 5pm

Paraquad (Spinal Cord Injury)	4969 6388	Monday to Friday - 9am to 5pm
Relationships Australia Newcastle	4940 1500	Monday to Friday – 9am to 5pm

Emergency Assistance

Emergency	000
Emergency from Mobiles	112
Hunter Mental Health 24hrs	1800 011 511
Lifeline	13 11 14

Advocacy

Disability Advocacy NSW	1300 365 085
Family Advocacy	1800 620 588
Australian Centre for Disability Law	02 9370 3135
Australian Human Rights Commission	1300 655 419

Education & Early Intervention

Assisted School Travel Program	1300 338 278
Early Childhood Intervention Services	1800 778 581
Enable NSW - Mobility Equipment	1800 362 253
RTA Authorised Fitting Stations	13 22 13
Special Education Centre	4921 6275
Technical Aids to the Disabled	1300 663 243

Family Support Services

Eastlakes	4943 9255
Newcastle	4926 3577
Morisset (Southlakes)	4970 5596
Northern Settlement Services	4969 3399
Westlakes	4908 1140

Legal

Aboriginal Legal Services	4926 1571
Community Justice Centre	1800 990 777
Family Law Courts	1300 352 000
Hunter Community Legal Centre	4040 9120

1800 650 073

Indigenous Women's Legal Contact	1800 639 784
Legal Aid Newcastle	4929 5482
Law Access NSW	1300 888 529
University Legal Centre	4921 8666
Victims Support NSW	1800 633 063
Youth Legal Aid Hotline	1800 101 810

Neighbourhood Centres

Belmont	4947 0031
Jesmond	4979 8555
Maryland	4955 8111
Morisset (Southlakes)	4973 7000
Raymond Terrace	4987 1331
West Wallsend (Sugar Valley)	4953 1667

No Interest Loan Schemes (NILS)

BaptistCare (Windale and Mayfield)	1300 275 227
Hunter Region NILS	4987 7666
Newcastle Care (Hamilton)	4969 2799
Southlake Community Centre (Morisset)	4973 7000

Additional Notes